



Gracie

BULLYPROOF

Prepare Your Child For Life

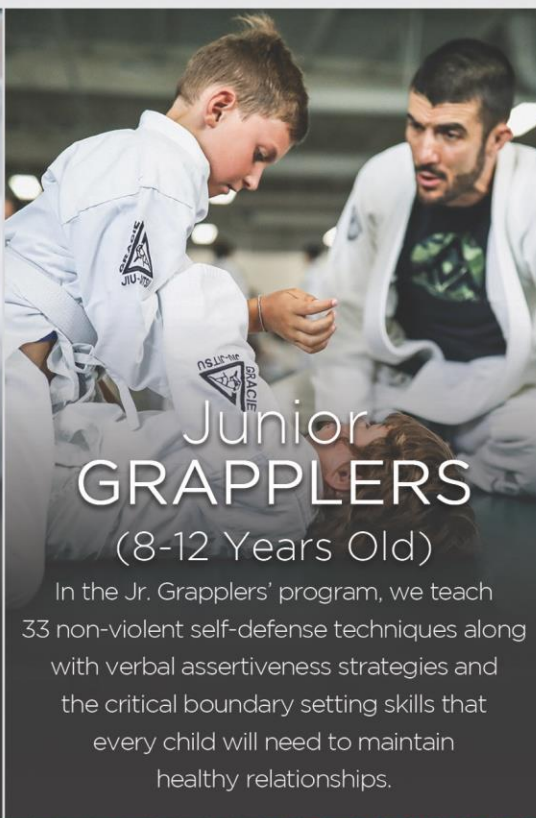
A confident child is a Bullyproof child. Every child will be targeted by a bully at some point in their life. The Gracie Bullyproof program will give your child the physical, psychological, and verbal tools to overcome these inevitable challenges without violence.



Little CHAMPS

(5-7 Years Old)

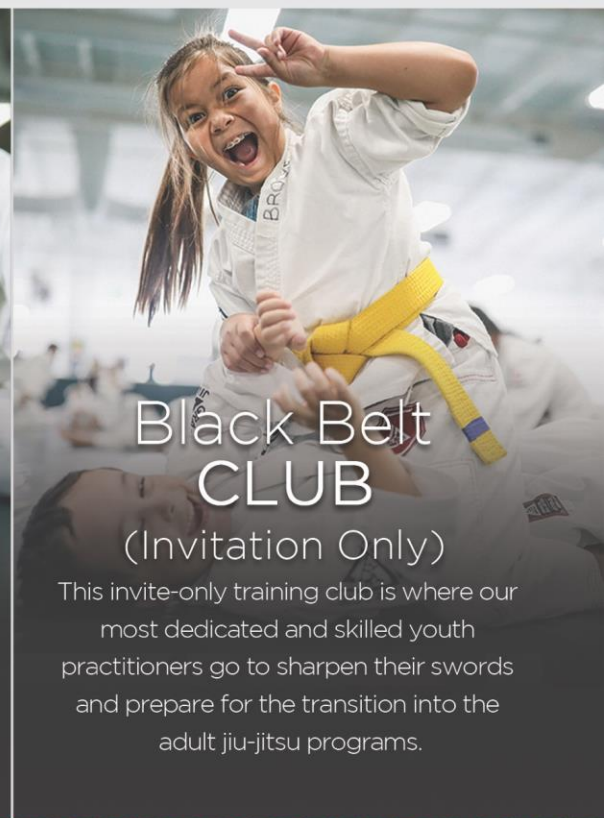
Using our time-tested "Gracie Games," we are able to teach the Little Champs a series of basic self-defense techniques while instilling the foundational principles of leverage and control.



Junior GRAPPLERS

(8-12 Years Old)

In the Jr. Grapplers' program, we teach 33 non-violent self-defense techniques along with verbal assertiveness strategies and the critical boundary setting skills that every child will need to maintain healthy relationships.



Black Belt CLUB

(Invitation Only)

This invite-only training club is where our most dedicated and skilled youth practitioners go to sharpen their swords and prepare for the transition into the adult jiu-jitsu programs.



Program Details

Monthly Classes	4	6	8
Monthly Tuition	\$80	\$105	\$120

Character Development The Gracie Way!

Our goal is to develop your child's character to ensure success in all aspects of life. There are 6 chapters in the Gracie Character Development Program: Responsibility, Health, Respect, Citizenship, Manners, and Caring. We spend two months on each chapter, and during each class we dedicate a few minutes to discussing the featured character trait and the simple things your child can do to make it part of their everyday lives.

Free Subscription www.GracieUniversity.com

Once your child is enrolled in the Gracie Bullyproof program, you qualify for a free subscription to GracieUniversity.com, our interactive online learning center for Gracie Bullyproof. With comprehensive videos covering every technique your child learns in class, you and your child can use your online access to review past lessons and learn new techniques - from home!