



# GRACIE BULLYPROOF

## Attendance Tracking Card

1 <sup>st</sup> Stripe		2 <sup>nd</sup> Stripe		3 <sup>rd</sup> Stripe		4 <sup>th</sup> Stripe		Bonus Classes	
1	11	21	31	41	51	61	71	81	91
2	12	22	32	42	52	62	72	82	92
3	13	23	33	43	53	63	73	83	93
4	14	24	34	44	54	64	74	84	94
5	15	25	35	45	55	65	75	85	95
6	16	26	36	46	56	66	76	86	96
7	17	27	37	47	57	67	77	87	97
8	18	28	38	48	58	68	78	88	98
9	19	29	39	49	59	69	79	89	99
10	20	30	40	50	60	70	80	90	100
<b>Good Job!</b>		<b>Great Work!</b>		<b>Outstanding!</b>		<b>Almost There!</b>		<b>You did it!</b>	
Date	Inst.	Date	Inst.	Date	Inst.	Date	Inst.	Date	Inst.

<b>CHARACTER</b> Development	1	2	3	4
<b>Responsibility</b>	1	2	3	4
<b>Health</b>	1	2	3	4
<b>Respect</b>	1	2	3	4
<b>Citizenship</b>	1	2	3	4
<b>Manners</b>	1	2	3	4
<b>Caring</b>	1	2	3	4

**RULES OF ENGAGEMENT**

1. Avoid the fight at all costs.
2. If physically attacked, defend yourself.
3. If verbally attacked, follow the Three T-steps: Talk, Tell, Tackle!
4. Never punch or kick the bully, establish control and negotiate.
5. When applying submissions, use minimal force and negotiate.